

# 12 DAYS OF AURA SPA

Embrace the unexpected and try something new with our Indonesian inspired spa treatments this festive season. From a fusion massage to an exotic scrub, you are sure to feel r elaxed and rejuvenated.



24

## **COFFEE SCRUB**

DEC

A full body exfoliation using organic coconut oil and local coffee. Can help reduce cellulite and stretch marks and coffee's antioxidants can combat varicose veins while boosting the lymphatic system.

26

#### ISLAND SAND COMPRESS \$

DE

A traditional, rhythmic whole-body massage from Minangkabau. Uses a warm, natural herbal compress filled with healing Bawah ocean salt, island sand and virgin coconut oil.

28

#### PANDANUS BEDAK DINGIN

DEC

Bedak Dingin is a traditional skin lightening treatment made from rice flour, pandanus leaf and rose water. The addition of collagen helps to regenerate and hydrates the skin.

25

# KUSUK BATAK \$

DFC

Beginning with warm oil applied to the head, the body's highest energy point, this massage uses gentle and stimulating techniques on the upper back, shoulders, décolleté, and scalp to ease stress-induced tension.

27

## INDONESIAN FUSION

DEC

Long, soothing massage strokes across the body, thumb and palm pressure eases muscles and aids the lymphatic and circulatory system.

29

# MUSCLE RECOVERY MASSAGE + HERBAL HERITAGE BATH \$

DEC

A massage designed to boost energy, improve sleep and relieve muscle tension, using minyak kayu putih for deep relaxation. Concludes with a soothing aromatherapy herbal-infused bath.